

# PARENTS IN ME. NEW DISCOVERY IN MODERN PSYCHOLOGY

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**Abstract:** *the article reveals the formula and the essence of the discovery of personality parental structures according to Ivan Komlev and touches upon the main points of the application of this knowledge. Parents perform a key function in the upbringing and formation of the child's personality - this is a well-known fact. Also, they contribute to the formation of an independent and full-fledged personality. At the same time, in the first years of life, the child has a state of personal fusion with his parents. In the discovery, the author found that the structure of the child's personality existing at the beginning of life moves, simultaneously with separation and self-awareness, to a more unconscious level, remaining until the end of a person's life. This "Parental structure of personality according to Ivan Komlev" has a dominant influence on human behavior patterns, being simultaneously exposed to conscious and unconscious neuro programming.*

**Keywords:** *psyche, personality, child's relationship to parents, children's patterns, behavior patterns, self-awareness, separation, psychological fusion, parental structures of personality according to Ivan Komlev.*

This article is a preview of the discovery in psychology and neuropsychology carried out by the author in the field of human personality structure. It describes the "Parent personality structures according to Ivan Komlev", which were discovered in 2019.

### 1. The name of the discovery.

Discovery of the "Basic structure of personality, which inseparably includes the images of parents." Referring to the discovery, mention, indicating the author in the wording: "Parental structures of personality according to Ivan Komlev"

### 2. Introductory part.

This discovery is made at the intersection of psychology, psychotherapy and neurophysiology. The parents have a dominant influence on the child. Throughout the history of psychology, work with parents remains the basis for resolving a person's internal conflicts. My discovery is that in the structure of a personality, the image of parents is inseparably connected with the image of oneself, and this personality structure dominates in a person. In other words, our "I" includes the image of father and mother and does not separate it from itself. Throughout the history of mankind, we observe how this property is used in cultural phenomena to mobilize the inner strength of a person through the elimination of conflicts and the development of a noble attitude towards the images of parents. As a result, the inner conflict of a person with himself is eliminated and a positive attitude towards himself is built. Within the framework of the knowledge that we receive from the discovery and corresponding rethinking of psychotherapy methods, it is possible to more productively build positive rehabilitation and mobilization work with the psyche of any person.

### 3. Information about the priority of authorship.

The priority for 12.12.2020 and earlier is secured by depositing the video and opening text through various methods, including but not limited to:

- the book "Parents in Me" was published in the journalistic genre, the discovery was described, deposited and registered as intellectual property through the "National Register of Intellectual Property" registration number 304-231-204 with the exclusive rights of the author Ivan Komlev;

- a certificate of authorship for the book "Parents in Me" indicating the date of deposit, in which the discovery text, abstracts, proofs are published, created through the blockchain platform for registration of intellectual property iPChain Global Association, a public link to the intellectual property object : <https://ipchain.ru/network/sight/object/?id=5ecb8e007206a1397e3d5058f986306657e776ef1c2a73e77a26071ed0f5818f&channel=prom> ;

- recorded and deposited video of the lecture outlining the main points of the opening, including on a disk with the date of creation of the video file,

- the recorded video of the lecture on the content and evidence-based formulas of discovery was uploaded to a specialized video service, reflecting the date of the video upload;

- publication of a photo with the text of the opening on the author's account on Instagram <https://www.instagram.com/ivan888komlev> with the date of publication on the link: <https://www.instagram.com/p/CIqwVedMiJM/?igshid=plesd2qo65kh>;

- the discovery formula and its essence are deposited through technical methods of working with electronic documents on electronic media, reflecting the date of creation;

- the opening formula and its essence are deposited through sent emails with the discovery text;

- the discovery formula, the priority of authorship and the essence of the discovery were deposited through the "National Register of Intellectual Property" with a confirming certificate No 639-966-809;

- a certificate for the discovery, in which the discovery formulas, author's priority and the essence of the discovery are certified through the blockchain in the iPChain Global Association, the address of the certificate of authorship for the discovery:

#### **4. The essence of discovery.**

From the first days of birth, the child associates himself with his parents in order to learn quickly and feel safe. So the child lives for the first time in a state of unconscious fusion of his own and parental personalities. Then, as the brain develops, there is a process of separation and self-awareness.

The discovery lies in the fact that the structure of the personality, which has the unity of the images of the self with the parents, remains at the level of the unconscious and persists until the end of life.

Based on the evidence listed below in the article, it also follows that after the processes of self-awareness and separation, "Parental structures of the personality according to Ivan Komlev", which includes the images of the I, father and mother, remains at the level of the unconscious, always remaining a single and dominant structure in the personality.

"Parental structures of personality according to Ivan Komlev" are laid down by nature, and not acquired with experience. That is, even without having the experience of communicating with the father and mother, the unconscious self includes the images of parents and the attitude towards them.

I suppose that "Parental structures of personality according to Ivan Komlev" appeared earlier than all others, since their presence contributes to rapid learning in adults, even with an absent (or undeveloped) speech apparatus.

#### **5. Evidence of credibility.**

The proof is many known direct and indirect facts:

5.1. In the practice of all psychotherapists, it has been repeatedly confirmed that the attitude towards parents forms in a person the dominant stable psychological reactions to external actions of people and events, similar to how some reactions show an attitude towards themselves, it follows that the images of parents are included in the dominant structure a person's personality is responsible for the image of himself.

5.2. In psychotherapeutic work with an attitude to parental images, a similar, and sometimes even more significant, positive shift occurs in the human psyche towards self-acceptance, as well as when working with an attitude to oneself. From this statement follows that work on the attitude towards parents becomes also work on the attitude towards oneself, therefore, parental images are included in the dominant structure of the personality, are inextricably linked with the image of "I".

5.3. For millennia, parenting has been used by cultures and religions to mobilize and promote mental health.

5.4. Many practices in various phenomena of human culture, which have a direct positive effect on the human psyche, work with the image of the mother and the image of the father through verbal and visual constructions of suggestion.

5.5. Another method of experimental proof of the discovery of "Parental structures of personality according to Ivan Komlev" I consider the development and conduct of tests of the following nature. Briefly: a check of the activity of neurons is organized at the moment a person understands who he is and at the moment of understanding who his parents are. I suppose that either a significant part or all of the neural networks associated with the images of the parents will be the same, will be part of the neural networks responsible for the image of oneself.

#### **6. Field of scientific and practical importance.**

This discovery will allow psychotherapists to better build work, not with symptoms of parental traumatic behaviors or childhood grievances, but with the very root cause of destructive behavior.

#### **7. Formula of discovery.**

Options:

7.1. Experimentally and on the basis of psychotherapy, it has been established that a person changes his actions, reactions to the world and behavior models after the formation of a new attitude towards parents, from this statement follows that the representation of parents (the image of mom and the image of dad) is the basic, defining behavior and an integral part in the personality structure.

7.2. It has been established experimentally that through a change in attitude towards parents, a huge complex of attitudes towards oneself changes simultaneously, therefore parental images (representation, ideas about them) are dominant in the structure of the personality.

7.3. It has been established in the psychotherapy parquet and experimentally that changes in the attitude to any of the parental images entail a similar change in a person's attitude to himself in correlation with each of the images, therefore, the inclusion of each of the parental images in the personality structure has a definite place (role).

7.4. It has been established that a child is not aware of himself only up to a certain age, having an idea of himself in unity with his parents, but based on the fact that personality determines the entire experience of a person, it follows that even after passing the procedure of separation from parents and self-awareness, combined with the images of parents the structure of the personality remains part of the basic personality.

7.5. "Parental structures of personality according to Ivan Komlev" remain at the unconscious level throughout life, since all the patterns indicated in formulas 7.1, 7.2, 7.3 persist, also, throughout a person's life.

#### **8. The author of the discovery.**

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1. *Komlev Ivan*. Parents in me // The Book about discovery of personality parental structures, 2020. P. 3-22.